

WHOLE SCHOOL NURTURE PROVISION

St Marks Nurture provision

Our aim:

- Support the Social, Emotional and Mental health of pupils
- Provide a skill based intervention to improve general well-being
- Resilient and independent learners armed with the tools to regulate emotions, face challenges and reach their full potential

WHO?

Who is our Nurture provision for?

- Children with low self-esteem and confidence
- Children who find mainstream learning difficult
- Children who have difficulties communicating or regulating emotions
- Children who need support with maintaining positive peer relationships



WHY?

Resilient Learners ✓

Children are more resilient and independent with learning, ready to face challenges and enthusiastic about their education. Pupils are more engaged and ready to learn!

Nurturing environment ✓

Children are offered a quiet, creative space to explore thoughts, feelings and ideas in an intimate setting. Children are able to make strong friendships with peers around the school and have a trusted key adult to communicate with.

Confident, Social and adaptable ✓

Children are more confident socially, exploring new friendships and forming strong bonds with their peers. They learn to play and communicate appropriately and can demonstrate good social skills. Children are more adaptable to changes in routines or when confronted with new tasks/challenges.



NURTURE A BIG IMPACT

Impact is seen by teachers and staff in school as well as from parents and carers who report:

- Increased independence and resilience at home
- A new enthusiasm for school
- An improved positive attitude

HOW?

Our Nurture groups happen throughout the week and pupils within the provision attend once a week. Activities have a clear Social, Emotional or Mental health focus and are often creative, physical and explorative.

PURPOSE

- Nurture groups are designed to address the social and emotional needs that can hamper pupils' learning.
- The groups are designed to help children develop vital social skills, to develop confidence and self-respect, and to take pride in behaving well and in achieving.



TESTIMONIALS

From Teachers:

"I have really noticed a difference in the resilience and positivity of the children who have been participating in nurture. The children have been very keen to share with me what they have been doing in their sessions, and they can talk well about what they have learnt. When the children return to class, they are always green and ready to catch up on their tasks."

"There have been no behaviour challenges presented when these children go to their Nurture groups. They can express themselves calmly with creative activities that they love."

"Nurture has enabled the child in my class to come out of their shell and find their voice. They are unrecognisable!"

From pupils:

"Nurture is so much fun. It helps me with my worries and I have made lots of friends. The activities are good for your worries."

"Nurture gives me something to look forward to and helps me be positive at school."

"I like Nurture because it has helped me with my teamwork skills and in making new friends. I like the activities that make me happy like affirmations, positive posters and lots more fun things."

"Sometimes I don't like talking in class and Nurture helps me share my ideas."

"I think Nurture is so fun and helps me to keep calm and in the green when I feel orange, red or blue. I hope I can keep going to Nurture!"

From parents:

"My child communicates more at home about school. She opens up to me more about what she's feeling."

"They've made strong friendships outside of class which I facilitate outside of school."

"My child is more positive about school and more eager to come into school. They talk about school more at home and I can see how much happier they are!"

OUR FACILITIES

Nurture space



Our Nurture groups can happen all over the school grounds but we are mainly based in our Nurture space within our community room. Sometimes activities can happen in our locations such as our gardens, the field/playground or in the hall.

The Future of Nurture as St.Marks



We hope to continue the amazing work we do with our Nurture provision. Our goal is to extend the provision even further to support more children and provide further Social, Emotional and Mental Health Support for pupils.